

## **How to Conquer Paralysis and Get Your Dream Job!**

## Why some job seekers get stuck

Congratulations on making a great decision to chase your career dreams! Not many people get to that point, that alone sets you apart as all great achievers. However, there is that human nature that desires to keep things the way they are. It's like chaining you in your comfort zone, but you cannot just sit bound. We will break those chain by the time you read the last word in this powerful paradigm shifting letter to you.

At this stage of your career hunt, despite having a competent resume and cover letter among other tools, some people freeze up just when it's time to take action. It's like they understand everything well, they know what to do, and they would probably do very well if they did it, but they just can't do it. They just won't press on and apply for their dream jobs, they won't follow through what they started. If this is you, don't worry! This is a common issue for anybody trying to make a big change in their life, and there's a way to solve it. Follow these instructions to diagnose what's holding you back, punch through it and get back in the game.

- 1. What specifically is stopping you from applying/getting the job you dream of and desire? Write down in detail.
- 2. Are the things that are stopping you "hypothetical barriers" or "material barriers"? Hypothetical barriers are things that you think will happen, trip you up or get in your way. E.g. Thinking that you are not good or knowledgeable enough, or nobody will pay you huge salary for your knowledge and skills, or you won't be able to deliver when you get hired. Material barriers are actual obstacles encountered while taking real world action. E.g. You don't have a car, or you are not allowed to work. Circle whether the resistance you are encountering is hypothetical or material: Hypothetical | Material
- 3. If you answered "hypothetical" you need to understand that you made this up in your head and it's not real, or at least not proven to be real at this stage. Your career determines the type of life you live. It is serious business. In that case you will strongly agree with us that you need to guide your career decisions with facts, not fiction. What



you think might happen is irrelevant. You need to get in the game/market and see for yourself what will happen if you try. Imaginary barriers kill so many people's dreams and what's most disappointing is that they never even existed in the first place. Are you able to take action now?

If you answered "material", is the obstacle you're facing coming from the feedback of job market or from your own day-to-day life? If it's coming from your job market, is the barrier coming from the <u>actual feedback of your market</u>? (E.g. If you are job hunting in medical field and they tell you that they need someone who has experience using EPIC and you don't know what it is) Ok, how many applications have you submitted in total? Specify the exact number below:

If your total number of interview calls are less than 7, you need to understand that you have taken insignificant feedback as actual/significant feedback. Sometimes it takes a period of time for entire industry to unify job requirements. You don't want to cut yourself out for less that 7 actual feedbacks from the market. If the feedback came from more than 7 people, it could mean that your industry is moving to the next level and you will need to move as well. At this point call <u>AfriMentor</u> and we will guide you accordingly at no cost. Otherwise if it is something you can solve or learn on your own, go online and learn that specific thing quick. There's plenty of free tools to use. Please note that recruiters are willing to hire someone they will train from the scratch as long as they feel convinced that you are committed to the task. Before you opt out, assure them your ability to learn quick if you would be willing to commit to it.

If it's coming from your day-to-day life;

So the barrier is coming from your own day-to-day life. Is this barrier in your day-to-day life something that you can change? Select your answer from the following four options:

- a. I am unable to change my day-to-day life and it will be this way forever.
- b. I am unable to change my day-to-day life at this stage but will be able to soon.
- c. I am able to change my day-to-day life to remove the barrier.
- d. I am able to change my day-to-day life to remove the barrier but I'm not willing to do it



Based on your answer to the question above, find the relevant piece of advice/feedback that matches the letter of your answer.

- a. Not possible. Find out how to get your answer to letter "c" above. You might think that it's impossible, but chances are it is and you're just not thinking about it right.
- b. Ok so it's a timing thing. What specific date are you able to get around the obstacle? Write down the specific date below and commit to getting back in the game at that stage.
- c. Right answer. Map out how you're going to change your day-to-day life and then commit to a specific date where you will have it done. Write the date below and get it done.
- d. Ok, so you're happy with not achieving your dreams because you're too lazy to change? If so, give up, here's a link to sign up to <u>drive for Uber</u>. It's up to you now.

Don't have enough time? What an excuse! Every human on earth has the same 24 hours in a day and "not having enough time" is never an issue, Oprah has 24, so is Obama and the homeless guy down the street. The issue is how you prioritize and use your time. Track what you do every hour for a week and see where it's going, you will be surprised to see that you're wasting most of it. Remove things from your life, say no to people, cut back on your social life and normal person activities. Try waking up 2 hours earlier or staying up 2 hours late to submit applications. Every hour someone is getting the job you so qualify for and is getting paid thousands of dollars more than you. Because they took serious action. Take seriously your career growth as you did your assignments in school, or even more. Create the time you need! An hour of applications every day with the resume and cover letter as good as what you have can forever change your life! Probably up to your fourth generation. An hour of committed and honest applications daily for two weeks is all you need. Commit to it, hide yourself temporarily and come out later with your goals achieved.

You keep getting distracted right? Unsubscribe from every email list, delete all the software on your computer, delete all the apps from your phone, stop texting, remove all notifications from your phone, delete SnapChat, Instagram etc. and if you're not willing to do that at least delete the app and stop posting and checking other people's profiles. Try using this software called "Self-Control", block the websites you visit compulsively for 24hrs and remove all the trapdoors from your life that you keep getting sucked into. Take your job hunt as serious as AfriMentor does. You are fulfilling other people's dreams by using those apps, sites, gadgets you name it while your dream is stalling. Choose you for now.



Struggling to balance things in your life? When you focus deeply on one thing it is normal that the other areas of your life go chaotic. Your inbox will pile up, you won't message or call people back, you will skip social events, spend less time with friends, ignore other people's deadlines and demands for your time, upset some people and even feel guilty about doing it. This is the price to pay for clean, deep focus and it's worth every penny. Decide whether you want to be known for responding to email quickly or changing the world inspiring generations and mentoring many by making a decision to live your dreams.

The most amazing thing is that AfriMentor takes your career very seriously. That's why we don't offer our services out for grabs on our website for everyone to stop by, shop, pay and receive our services just like that. We spend good amount of time on the phone with you just to identify is you are a person we can work with, and so much more time working on your documents. We take your career ridiculously serious its crazy. The difference between you and your rich colleague could only be the extra \$5/hr he gets that you don't. With \$5/hr. more, they are making \$10K extra annually just like that! By committing to get a job that will pay you \$8/hr. more you will immediately become \$16,640/yr richer. That can change your life! You can afford a whole family vacation, pay up your debts, get a new car, make an investment or afford to take your children to a nice private school.

So will you keep letting days slip by as you enjoy your comfort zone or are you going take action now and start applying for those jobs you deserve?

The magic key to the castle is in your hands, WHAT ARE YOU GONNA DO?

AfriMentor believes in you!